

# RECREATION AND PROGRAM GUIDE

December– February





## MOVIES IN THE PARK

**December 2 ★ February 24**

**7:00 PM**

### Pine Trails Park

Grab your pillows and blankets and cuddle under the stars! We will show a featured presentation on a giant 18 foot movie screen. We will have popcorn ready to give out, but please be sure to bring your own dinner and other munchies as we will not have concessions available.

December 2      Ice Age Collision Course

February 24     Trolls (subject to change)

## EATS 'N BEATS

**December 10 ★ January 14 ★ February 11**

**5:30 - 9:30 PM**

### Pine Trails Park Amphitheater

Join us for a night of music, food and family fun. We will be showcasing food trucks and a tons of local music. Eats 'N Beats is quickly becoming the place to be seen. Our upcoming line up includes some great local artists:

December 10     Sugar Ray & The Bluetones

## SNOWFEST

**December 15**

**5:00 - 8:00 PM**

### Terramar Park

PARKLAND RESIDENTS ONLY

REGISTRATION REQUIRED

Snow is in the forecast for the City of Parkland .. Join us as we celebrate the holiday season with snow slides,



## PARKLAND FARMER'S MARKET

**December 4 ★ December 18**

**9:00 AM - 1:00 PM**

### Equestrian Center

The largest farmers market in Broward County returns for another incredible season! Visitors will be able to reunite with their favorite market vendors. We offer a wide variety of fruits, vegetables, flowers, breads, pastries, honey, jams, pastas, cheese and so much more!

## PARKLAND FARMER'S MARKET SCHEDULE

December 4, 2016      Gift and Craft Fair

December 18, 2016     Gift and Craft Fair

January 8, 2017

January 22, 2017

February 5, 2017      Health and Wellness Fair

## DRIVE IN MOVIE - THE SECRET LIFE OF PETS

**January 28**

**7:00 PM**

### Equestrian Center

Experience our feature presentation from the comfort of your car. We will transform the Equestrian Center into a drive in movie experience. Sound can be hear using your FM radio. Be sure to bring snacks, we will not have concessions available. Be sure to arrive early for the best seats in the house!

**Keep up with the latest in City news and happening by following us on Facebook**



# PARKLAND RECREATION AND ENRICHMENT CENTER

10559 Trails End  
954-757-4105

## HOURS OF OPERATION

**MONDAY - FRIDAY**  
8:00 AM - 9:00 PM

**SATURDAY**  
8:00 AM - 5:00 PM

**CLOSED ON SUNDAYS**

Parkland is home to a recreation center that provides residents with fun experiences at an affordable price. The P-REC features a full-size gymnasium, aerobic studio, and meeting space that is available for private rentals. The P-REC is also home to a variety of special events, fitness and enrichment programs, and after-school activities and camps.

For more information visit [www.cityofparkland.org/prec](http://www.cityofparkland.org/prec)

### P-REC Fitness Cost Structure

Parkland Residents		Non-Residents	
Per class	\$5.00	Per class	\$6.00
Silver Sneakers Classes ( <i>SS Members</i> )	FREE	Silver Sneakers Classes ( <i>SS Members</i> )	FREE
Silver Sneakers Classes ( <i>Non SS Members</i> )	\$3.00	Silver Sneakers Classes ( <i>Non SS Members</i> )	\$3.00
<i>Fitness Room participants must be at least 14 years old. *Fitness classes not included in Monthly Fitness Room fees</i>			



### BASKETBALL

The gymnasium is open for free play throughout the week for only \$1.00 per player. Check with the front desk for availability.

### BOOT CAMP

This class mixes strength training and cardio for a total body workout. This class will challenge your mind and body and is designed for maximum calorie burn in minimum time.

### BODY SCULPT

Using free weights, resistance bands, and medicine balls; participants will focus on defining muscle strength. This is the ultimate class for shaping, toning and defining muscles.

### FAT BURN PILATES

This is a low impact mat class that will tone the entire body with a concentration of the core muscles. It works the obliques, lower back and thighs. Pilates will help to develop strength, flexibility, endurance, balance and good posture.

### FITNESS FUSION

This exciting class combines a moderate to high intensity workout with advanced choreography that will help enhance your overall fitness while having a great time.

### HATHA YOGA

This class introduces fundamental yoga poses and breathing techniques to achieve a calm mind and body. Modifications are offered to accommodate joint limitations. Learn poses with correct form, posture, and alignment. Yoga will help you to improve your strength, balance, and flexibility.

### PILATES

Performed on a mat, Pilates trains the core muscles through stabilization exercises that will challenge and improve your strength, coordination, and flexibility. This class will help develop and strengthen your body.

### YIN YOGA

While this style of yoga can seem passive, or soft, the yin practice can be quite challenging. Tissues can respond differently when being exercised. Postures are held for a duration of time to increase circulation in the joints. This class will target ligaments, bones and joints that are not exercised in a more active yoga practice. Suitable for both beginners and experienced yogis.

### YOGA BODY SCULPT

Develop and sculpt your body with this amazing workout. Using a variety of yoga poses, participants will shape, strengthen, and tone their bodies.

### YOGALATES

This class is a beautiful pairing of two revered movement practices: Pilates and Yoga. Yogalates is a core focused class that pulls from the ancient asanas of yoga, as well as the core centered movement of Pilates. During this class you will flow through the fundamentals of both practices.

# FREE CLASSES

Presented by Baptist Health

### STRETCH AND RELAXATION

Relax and rejuvenate your entire body and mind through a variety of stretch and flexibility exercises. Exercise includes sitting and lying down on mats. Some classes will end with a 15 minute meditation.

### TAI CHI

Discover this Chinese exercise system that uses slow, smooth body movements to achieve a state of relaxation of both the body and mind. Tai Chi will help improve and maintain your overall health.

## ZUMBA

We aren't sure if this is a party or a workout! This fun, joyful Latin inspired fitness class combines all rhythms of Latin music. With a variety of classes for everyone, be sure to check it out! You won't want to miss out on the action!

## ZUMBA GOLD

This Zumba class will modify the moves to suit the needs of the active older participant as well as those just starting their journey.



## SILVER SNEAKERS

Silver Sneakers is a comprehensive program that improves overall well-being, strength and social aspects. Designed for all levels and abilities, this program is generally provided by your health plan at no additional cost. Silver Sneakers provides access to fitness equipment, group exercise classes, social networking, online education and a sense of community. If you are new to exercise, don't worry, nearly half of our members had never been to a fitness location before joining Silver Sneakers. Remember to wear comfortable shoes and loose-fitting clothing, and bring your member ID card to get started. For more information on the Silver Sneakers program visit [www.silversneakers.com](http://www.silversneakers.com)

### CARDIO TRAINING

Get up and go with an aerobics class that's safe, heart-healthy and gentle on the joints. The workout includes easy-to-follow low-impact movement and upper-body strength, abdominal conditioning, stretching and relaxation exercises designed to energize your active lifestyle.

### CHAIR EXERCISE

Practice the art of yoga in a seated position. Using chairs participants in this class will strengthen their spine and core. Leave feeling relaxed and balanced.

### SENIOR FITNESS

This is sure to be one of the most popular Senior classes. This is a complete and effective workout designed to complement your workout needs. Improve your cardiovascular health, strength, and flexibility with all your friends.

# PERSONAL AND ATHLETIC TRAINING

PROVIDED BY:  
**Athletic Republic**

These degreed and certified trainers will provide assistance by evaluating, designing and monitoring specialized programs for your fitness needs.

Through a scientifically based performance training Athletic Republic assists with training protocols that help turn athletes move better, stronger and become more powerful!



## Fitness Class Schedule

<u>Time</u>	<u>Class</u>	<u>Instructor</u>	<u>Fee</u>
<b>MONDAYS</b>			
8:30-9:30	Chair Exercise (SS)	Norma	*\$3.00
9:30-10:30	Fitness Fusion	Suzanne	\$5/\$6
9:30-10:30	Body Sculpt	Anat	\$5/\$6
10:30-11:30	Zumba Gold	Kamarie	\$5/\$6
10:30-11:30	Senior Fitness (SS)	Connie	*\$3.00
10:30-11:30	Yin Yoga	Norma	\$5/\$6
7:00-8:00PM	Zumba	Dolores	\$5/\$6
<b>TUESDAYS</b>			
9:30-10:30	Vinyasa Yoga	Suzanne	\$5/\$6
9:30-10:30	Boot Camp	Anat	\$5/\$6
10:45-11:45	Tai Chi	Baptist Health (Marion)	FREE
5:30-6:30PM	Fat Burn Pilates	Norma	\$5/\$6
<b>WEDNESDAYS</b>			
8:30-9:30	Pilates	Norma	\$5/\$6
9:30-10:30	Yin Yoga	Norma	\$5/\$6
9:30-10:30	Cardio Training (SS)	Elsa	*\$3.00
10:30-11:30	Senior Fitness (SS)	Connie	*\$3.00
12:00-1:00PM	Stretch & Relaxation	Baptist Health (Carol)	FREE
7:00-9:00PM	Men's Basketball	Men's League	
<b>THURSDAYS</b>			
8:30-9:30	Body Sculpt	Norma	\$5/\$6
9:30-10:30	Vinyasa Yoga	Norma	\$5/\$6
9:30-10:30	Boot Camp	Mitch	\$5/\$6
10:30-11:30	Chair Exercise (SS)	Norma	*\$3.00
7:00-9:00PM	Men's Basketball	Men's League	
<b>FRIDAYS</b>			
8:00-9:00	Pilates Fat Burn	Jonna	\$5/\$6
9:00-10:00	Hatha Yoga	Norma	\$5/\$6
9:00-10:00	Fitness Fusion	Jonna	\$5/\$6
9:30-10:30	Cardio Training (SS)	Elsa	*\$3.00
10:30-11:30	Zumba Gold	Kamarie	\$5/\$6
<b>SATURDAYS</b>			
8:15-9:15	Yogalates	Norma	\$5/\$6
9:15-10:15	Chair Exercise (SS)	Norma	*\$3.00
9:30-10:30	Body Shred	Anat	\$5/\$6
10:30-11:30	Zumba	Dolores	\$5/\$6

\*\*class times & days are subject to change\*\*

Call (954) 757-4105 for the most current schedule

December-February 2016-2017

## COOKING WITH ENID

Start learning the basics of cooking. Kids will discover healthy foods and experience local and international dishes. This is a must for anyone who loves food. A \$20 supply fee will be required for participating in the first class.

### Ages 6 - 12

*Saturday* 10:00 - 11:00 AM  
(1/21, 1/28, 2/4, 2/18, 2/25, 3/4, 3/11, 3/18)  
Residents \$80/8 Weeks  
Non-Residents \$90/8 Weeks



## MUSIC TOGETHER

This basic class follows the recommendations of child development researchers-grouping children of a variety of ages in one class. This approach fosters natural, family-style learning where younger children enjoy watching and imitating older ones. Each child participates at his or her own developmental level in singing, moving or exploring musical instruments. The whole family is welcome to join including parents, grandparents or nannies. A \$45 supply fee will be required for participating in the first class. Sibling discounts available.

### Ages Newborn-Age 5 (with adults)

*Tuesday* 9:30 - 10:15 AM  
10:30 - 11:15 AM  
Residents \$175/10 Weeks (1/10-3/14)  
Non-Residents \$185/10 Weeks  
Non-Residents \$185/10 Weeks

## 5678 DANCE

Offering classes including morning, afternoons and evenings to accommodate anyone's schedule! Tap, Ballet, Jazz, Hip, Hop, Musical Theater and more. Visit our website for full class schedule. Ages 2 - Adult.

Residents \$120/8 Weeks  
Non-Residents \$130/8 Weeks

Visit us at [www.cityofparkland.org/prec](http://www.cityofparkland.org/prec) or call (954)579-8820 for detail class information.

## FUTSAL (INDOOR SOCCER)

Futsal is the only "Official form of Indoor Soccer" as approved by the Federation Internationale de Football Association ("FIFA"). It is played in all the continents of the world by over 100 countries with 12 million players. This sport is a great skill developer, demanding quick reflexes, fast thinking, pinpoint passing, and a four-second limit on all play restarts which make it an exciting game for children.

For more information contact 754-368-7138 or visit [www.satsfl.com](http://www.satsfl.com).

## ENGINEERING FOR KIDS

### JUNIOR Ages 4 - 7

*Tuesday* 4:30-5:30 PM  
Residents \$150/6 Weeks  
Non-Residents \$160/6 Weeks

This unit is designed to introduce the job of an engineer, the field of engineering, and basic concepts of engineering as it relates to energy, materials, and movement. Through open and focused exploration, students will design and construct their own roller coasters, sails for sailboats, egg drop vehicles, and create mechanical toys.

### APPRENTICE ENGINEERING Ages 8 - 12

*Tuesday* 6:00-7:00PM  
Residents \$180/6 Weeks  
Non-Residents \$190/6 Weeks

3D printing and Minecraft both represent boundless opportunities for creating even our wildest ideas! In 3D printing Minecraft Creations, students will explore the basic concepts of 3D printing and computer -aided design, or CAD, to bring their most awesome Minecraft creations to life! Students will take their designs out of the world of Minecraft and learn how to extrude it into a 3D model that can be modified to be printed in 3D

**LIL STARTS SPORTS**

**SOCCER TOTS** is a child development program that uses a variety of creative games and activities that delight and engage children in physical activity.

10/24-12/12 (No classes on 11/7 & 11/21)

Age 3	Monday	9:30 AM
Age 2	Monday	10:30 AM
Age 1.5-2	Monday	11:30 AM
Residents	\$96/6 Weeks	
Non-Residents	\$106/6Weeks	

**LIL SLUGGERS** classes develop important baseball skills such as throwing, fielding, hitting, and base running. Developmentally appropriate equipment and games are used to teach the game of baseball in a fun, exciting, and positive environment.

10/24-12/12 (No Classes on 11/7 & 11/21)

Age 3	Monday	10:30 AM
Age 4	Monday	11:30 AM
Residents	\$96	
Non-residents	\$106	



**KIDOKINETICS JR**

Engage in fun hands on classes that introduce a variety of sports, games, and fitness. This class is sure to keep kids healthy and strong!

**Junior Ages 1.5 - 3** Parent participation is required.

Tuesday	10:00 AM– 10:45 AM
Residents	\$84/7 Weeks
Non-Residents	\$94/7 Weeks

**KIDOKINETICS**

**Ages 3 - 5**

Tuesday	3:45 - 4:30 PM
Residents	\$84/7 Weeks
Non-Residents	\$94/7 Weeks

**MARTIAL ARTS**

Mizu-Ryu Ju-jitsu provides a family friendly environment for adults and children to learn a comprehensive self-defense system from experienced teachers that incorporates traditional martial arts concepts with police and military proven techniques.

**Ages 6-10**

Tuesday	4:30 – 5:30 PM
Residents	\$75/Month
Non-Residents	\$85/Month

**Ages 8 - Adult**

Wednesday	6:00 – 8:00 PM
Saturday	9:00 AM – 12:00 PM
Residents	\$100/ Month
Non-Residents	\$110/Month



**P-REC One Year Anniversary**



**Saturday, January 21, 2017**  
**10:00AM**

You are invited as we celebrate one year of Fitness, Enrichment & Recreation at the P-REC.

Join us for program demonstrations, interactive activities, giveaways, class, and program information.

**Something for Everyone!**





## IMPORTANT REGISTRATION INFORMATION

Parkland provides an opportunity for residents ages 62 and older to enjoy a FREE trip and class every month. Registration is required and participants are selected through a lottery process.

Interested participants must call into the message center at 954-757-4190 and leave a message during the open call times. Participants will be notified of their status upon close of call times.

# December

### CALL IN DATES:

Begins: 5:00PM, Friday, November 18  
Ends: 9:00AM, Monday, November 21

### December 11, 2016

Miami Dolphins Game  
Bus Leaves: 11:30AM  
Bus Returns: 5:00PM

# January

### CALL IN DATES:

Begins: 5:00PM, Friday, December 16  
Ends: 9:00AM, Monday, December 19

### January 11, 2016

Vizcaya Museum & Gardens  
Bus Leaves: 11:30AM  
Bus Returns: 5:00PM

# February

### CALL IN DATES:

Begins: 5:00PM, Friday, January 20  
Ends: 9:00AM, Monday, January 23

### February 22, 2016

Panthers Hockey Game  
Bus Leaves: 5:30PM  
Bus Returns: 10:30PM





## PARKLAND LIBRARY

6620 University Drive

954-757-4200

Parkland offers a first class library for its residents. Visit the library during business hours to obtain your library card. The Parkland Library also offers a wide variety of free programming. Registration is required for these programs and space is limited. The library also hosts classes and workshops.

For hours of operation and to register for programs visit: [www.cityofparkland.org/library](http://www.cityofparkland.org/library)

### Welcome-to-Winter Mural Painting

Wednesday  
December 21st  
3:30-5:00 p.m.

### COFFEE BAR & USED BOOK FAIR

Second Saturday of the Month  
10 a.m. - 1 p.m.



## KNIT 'N' KNOWLEDGE

**Monday, December 5** 10:30 a.m.

Do you enjoy knitting? Bring your own projects, tips, techniques and ideas to share with fellow knitters at the Parkland Library.

## STAR WARS CRAFTERNOON

age 6 and up

**Monday, December 5** 4:00 p.m.

Prepare for the launch of the movie Rogue One by making the Empire's atmospheric patrol fighter called the Tie Striker. Parkland Library card required to register.

## TEEN WRITERS ROUNDTABLE

**Wednesday, December 7** 6:00 - 7:00 p.m.

This group meets monthly to share all forms of writing and give and get feedback from peers, who are guided by a qualified adult facilitator. Bring your poetry, stories, writing homework or whatever writing you'd like to discuss with the group. Refreshments will be served.

## ALL BOOKED UP BOOK DISCUSSION GROUP

*My Grandmother Asked Me to Tell You She's Sorry*

by Fredrik Backman

**Saturday, December 10** 10:30 a.m.

This charming, warmhearted novel from the author of the New York Times bestseller *A Man Called Ove* focuses on Elsa, who is seven years old and different. Her grandmother is seventy-seven years old and crazy – as in standing-on-the-balcony-firing-paintball-guns-at-strangers crazy. She is also Elsa's best and only friend. When her grandmother dies and leaves behind a series of letters apologizing to people she has wronged, the instructions lead Elsa to an apartment building full of drunks, monsters, attack dogs, and old crones but also to the truth about fairy tales and kingdoms. It is a story about life and death and one of the most important human rights: the right to be different.

## ADULT ART CLASS: TEA DRAWINGS

**Tuesday, December 13** 10:30 a.m.

Certified Teaching Artist Lori Arbel will guide students through simple practices and drawing techniques. Silliness/seriousness are highly encouraged and welcome! We will experiment with tea drawings and drawing from observation with a small surprise. No art experience needed. Supplies

## CHESS CLUB

age 8 and up

**Wednesday, December 7** 4:15—5:15 p.m.

Parkland Library Chess Club is for children ages 8 and up. Beginners can learn to play and players meet your match! You must be a Parkland Library card holder to join. Children must be 8 years old or older. Registration is required for each game date. Parkland Library card required to register.

## BUILDING WITH LINCOLN LOGS

ages 4-6

**Friday, December 9** 3:00 p.m.

Children will have fun using their imagination while building log cabins, towers or whatever else they become inspired to make. Parkland Library card required to register.

## AFTERNOON FILM AND DISCUSSION: *Brooklyn*

**Saturday, December 17** 2:00 p.m.

An Irish immigrant lands in 1950s Brooklyn, where she quickly falls into a romance with a local. When her past catches up with her, however, she must choose between two countries and the lives that exist within. The film stars Saoirse Ronan, Emory Cohen, Domhnall Gleeson, Jim Broadbent, and Julie Walters. Registration required.

## ARTS, BOOKS AND CULTURE DISCUSSION GROUP

**Monday, December 19** 10:30 - 11:30 AM

Similar to a current events group, but focused on entertainment and culture, this lively discussion will cover



### ARTIST OF THE MONTH RELLY PECKETT

**Art Reception, Saturday, December 10 11 a.m.—noon**

Relly Peckett offers paintings that delve into a world that is poetic, fantastical, romantic and dreamlike, with jewel-like colors. She has always loved horses, and these majestic creatures will be the focus of this art exhibit. Born in Romania, Relly spent most of her life in New York where she studied the masters in some of the finest galleries and museums. She studied at Music and Art High School, Buffalo State and the Art Students League. For many years Relly was a Southern California resident and developed a worldwide clientele. She has recently moved to South Florida and is available for equine portraits as well as other subjects. **Her art will be on display in the Parkland Library December 1st through 31st.**

### HOLIDAY CRAFT AND STORY

**age 7 and up**

**Monday, December 12 3:30 p.m.**

Time to get in the holiday spirit! Join us for holiday stories and cookies then make a craft that you can give as a gift! Parkland Library card required to register.

### MINECRAFT CLUB

**age 7 and up**

**Tuesday, December 13 5 p.m. to 5:45 p.m.**

Are you crazy about Minecraft and just can't stop building? The Parkland Library's Minecraft Club is right for you. Children will get the chance to build, explore, share, and learn the basics of Minecraft. Participants must bring their own device



### BRICKS 'N' BOOKS

**age 7 and up**

**Monday, December 19 4:00 p.m.**

Children age 7 and up, bring your imagination and Lego building skills to the library! Conquer a building challenge with a buddy or work on your own. Parkland Library card required to register.

### TINY TOTS SOCIAL TIME

**age 9 months to 4 years**

**Tuesday, December 20 10:30 a.m.**

Children enjoy free-play time with age-appropriate toys, puzzles and books while the adults get to socialize, too. Parkland Library card required to register.



### GINGERBREAD MAN STORYTIME AND PUPPET SHOW

**ages 3-7**

**Tuesday, December 20**

**3:30 p.m.**

Come to the Parkland Library and catch sight of the Gingerbread Man in his own puppet show! Hear other exciting cookie stories and songs, too! Then decorate a paper gingerbread man to take home. Ages 3 to 7. Parkland Library card required to register.

## ITALIANISSIMO

**Monday, December 5, 12 & 19 7:00 p.m.**

This is a class for individuals who would like to learn to speak Italian and for those who like to improve their Italian speaking skills. The orientation, led by Antonio Del Bene of Byron Tree USA, will enable those in attendance to determine the level of the course (introductory or advanced).

## ADULT COLORING BOOK ART

**Tuesday, December 6 10:30 a.m. to noon**

Decompress and let your mind wander while enjoying this latest creative trend: coloring books for adults. We'll add some soothing background music and light snacks to create a little "me time" in your day. We will provide the supplies or you may bring your own. Registration required.

## WELCOME-TO-WINTER MURAL PAINTING

**Wednesday, December 21 3:30 to 5:00 p.m.**

It's the first day of winter! What better way to celebrate than to add your creative mark on a giant mural that will be displayed at the library all season long? This all-ages family fun painting event will get you in the winter spirit. Drop in any-time during these hours to participate. Parkland Library required to register.

## FACIAL BEAUTY EXERCISES

**Wednesday, December 21 6:30 p.m.**

## LIBRARY READING BUDDIES

(K-5<sup>th</sup> grade)

**Mondays, 3:30 p.m. to 4:30 p.m.**

Would your child benefit from a Reading Buddy? When younger students read with older students, literacy skills are picked up in an enjoyable manner. The Parkland Juniors, high school girls dedicated to making a difference, have partnered with the library to help younger students with reading. Building partnerships between our high-achieving high school students and elementary-age children is an excellent way to reinforce lifelong reading success. (Note: On the Mondays that school is closed, Reading Buddies will not meet.) Registration is not re-

## DANCE PARTY

**ages 3 to 5**

**Thursday, December 29 2:00 p.m.**

Come to the library and dance to your some of your favorite storytime songs. Parkland Library

## FAMILY FLIX: *THE BFG*

**ages 5 and up**



**Wednesday, December 28 1:30 p.m.**

In an imaginative tale filled with magic, wonder and unexpected friendship, a young girl is launched on an enormous adventure when she crosses paths with a mysterious being called the Big Friendly Giant. This movie is two

hours long and rated PG. Parkland Library card required to register. Children must be accompanied by an adult.

## SPORTS TALK CHALLENGE

**Wednesday, December 28 6:30 p.m.**

Do you know everything about sports? Do you LOVE talking



**ARTIST'S RECEPTION with ARTIST OF THE MONTH:****MALGORZATA KAWASHIMA****Saturday, January 7                      11:30 a.m. to 12:30 p.m.**

Ever since her parents gave her a box of crayons when she was 5 or 6, Malgorzata Kawashima has felt that drawing is a way to communicate, and that communication is personal. Her paintings are a combination of different media: watercolor, ink, pastel, acrylic, oil, and pencil, and she really likes the addition of collage. She feels intuitively that her mixed media paintings and her sketches are a direct expression of her love for the world that she has the privilege to live in and to share with other beings. **Her work will be on display at the Parkland Library from January 1<sup>st</sup> through 31<sup>st</sup>.**

**ALL BOOKED UP BOOK DISCUSSION GROUP:****THE JAPANESE LOVER BY ISABEL ALLENDE****Saturday, January 7<sup>th</sup>                      10:30 a.m.**

This love story and multigenerational epic stretches from San Francisco in the present-day to Poland and the United States during World War II. Sent from Poland in 1939 to live in safety with her aunt and uncle in San Francisco, Alma Belasco encounters Ichimei Fukuda, the quiet and gentle son of the family's Japanese gardener. Unnoticed by those around them, a tender love affair begins to blossom until the two are cruelly pulled apart as Ichimei and his family – like thousands of other Japanese Americans – are declared enemies and forcibly relocated to internment camps run by the United States government. Decades later, as Alma is nearing the end of her long and eventful life, those around her become intrigued by a series of mysterious gifts and letters sent to Alma, eventually learning about Ichimei and this extraordinary secret passion that has endured for nearly 70 years. Registration is not required.

**FRIENDSHIP IN THE CIVIL RIGHTS ERA:****AUTHOR VISIT AND BOOK SIGNING****(age 6 and up)****WRITING BUDDIES (K-5th grade)****Saturday, January 7                      2 p.m. to 3 p.m.**

We all know how important it is to read to children, but what about writing? Strong communication skills are important throughout life. And writing is fun, too! Teens will be paired up with young budding authors to guide them through the story creation process. Each child will write and illustrate a mini story to take home. This group meets once a month, and a

**DEVELOPING A HEALTHY LIFESTYLE: PREVENTION AND MANAGEMENT OF ALLERGIES****Thursday, January 12                      6:30 p.m.**

Part of the Parkland Library's Healthy Lifestyle series, this class will be led by Dr. Neil Gershman, an Allergy/Immunology Specialist in Coral Springs. He will discuss how to prevent becoming allergic to substances in the first place and also how to avoid things to which you have become allergic. This talk will include allergies to foods, airborne allergens, insects and medications, and also a discussion of the treatment of allergic diseases such as asthma and food allergies. Dr. Gershman is a graduate of the University of Miami School of Medicine and did his Allergy training at the University of California, San Francisco. He is certified by the American Board of Allergy & Immunology and is a past President of the Florida Allergy, Asthma and Immunology

**WRITERS' CAFÉ****FRIDAYS****10:00 a.m.**

Whether you are hoping to be published or just want to share your memories with family members, you will find advice and support with

## KNIT 'N' KNOWLEDGE

**Monday, January 9      10:30 a.m.**

Do you enjoy knitting? Bring your own projects, tips, techniques and ideas to share with fellow knitters at the library.

## ITALIANISSIMO

**Monday, January 9, 23, 30                      7 p.m.**

This is a class for individuals who would like to learn to speak Italian and for those who like to improve their Italian speaking skills and is led by Antonio Del Bene of Byron Tree USA. The classes will be held weekly at the Parkland Library.

## CHESS CLUB (AGE 8 AND UP)



## TINY TOTS SOCIAL TIME

**(age 9 months to 4 years)**

**Wednesday, January 11                      10:30 to 11:15 a.m.**

Children enjoy free-play time with age-appropriate toys, puzzles and books while the adults get to socialize, too. Parkland Library card required to register.

## TEEN WRITERS ROUNDTABLE

**Wednesday, January 18    6 p.m. to 7 p.m.**

This group meets monthly to share all forms of writing and give and get feedback from peers, who are guided by a qualified adult facilitator. Bring your poetry, stories,

## CARTOONING WITH CORY

**(age 7 and up)**

**Wednesday, January 18    4:30 p.m.**

Cartoonist Cory Laub will show children how to draw some of their favorite cartoon characters. Have a fun afternoon learning about the world of cartooning! Parkland Library card required to

## ADULT COLORING BOOK ART

**Tuesday, January 10                      10:30 a.m. to noon**

Decompress and let your mind wander while enjoying this latest creative trend: coloring books for adults. We'll add some soothing background music and light snacks to create a little "me time" in your day. We will provide the supplies or you may bring your own. Registration required.

## MLK DAY MOVIE NIGHT: SELMA

**Wednesday, January 11                      6 p.m. to 8:15 p.m.**

In honor of Martin Luther King, Jr. Day, the Parkland Library will be screening Selma starring David Oyelowo as Dr. King. In 1965, an Alabama city became the battleground in the fight for suffrage, and Dr. King and his followers pressed forward on an epic march from Selma to Montgomery. Their efforts culminated in President Lyndon Johnson's signing of the Voting Rights Act of 1965. Enjoy a light dinner of sandwiches and cookies while learning about this important American Civil Rights figure. Registration required

## MINECRAFT CLUB (AGE 7 AND UP)

**Tuesday, January 17                      6 p.m.**

Are you crazy about Minecraft and just can't stop building? The Parkland Library's Minecraft Club is right for you. Children will get the chance to build, explore, share, and learn the basics of Minecraft. Participants must bring their own device with Minecraft already downloaded. Parkland Library card required to register.

## MR. ROY'S FAMILY MUSIC (newborn to age 4)

**Thursday, January 19                      10 a.m. OR 11 a.m.**

Parents or caregivers can join us with children to dance and sing familiar melodies, play instruments, and take advantage

**BRICKS 'N' BOOKS (age 7 and up)****Thursday, January 19 4 p.m.**

Children age 7 and up, bring your imagination and Lego building skills to the library! At each Bricks and Books meeting we will have a new building challenge. Conquer each challenge with a buddy or work on your own. Parkland Library card required to register.

**ADULT ART CLASS:****MIXED MEDIA WINTER LANDSCAPES****Tuesday, January 24 10 a.m. to 12:30 p.m.**

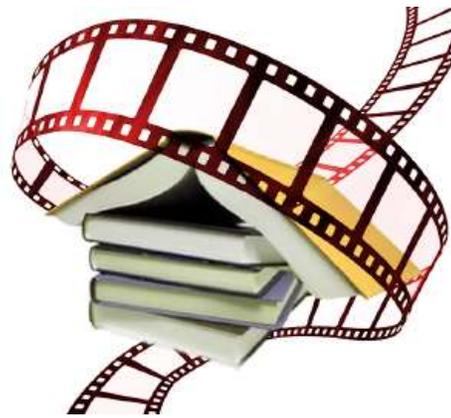
Instructor Malgorzata Kawashima will guide participants in making a winter landscape on canvas. The process will involve making a background with gesso, sketching trees with a brush and acrylic paint, adding shadows with vine charcoal, and tinting snowy foreground with pastels and gel medium and glitter. Registration required.

**DECLUTTER & ORGANIZE WORKSHOP****Tuesday, January 24th 6:15 p.m.**

Keep your New Year's resolution to get organized! Lori Abou of Me In Order will talk about the five keys to organizing anything: sorting, purging, assigning a home, containing, and maintaining. She will walk you through each step and give you questions to ask yourself as you go through your home to decide what to keep or donate. She will also talk about utiliz-

**AFTERNOON FILM AND DISCUSSION***March of the Penguins***Saturday, January 21st, 2:00 p.m.**

**In the Antarctic, every March since the beginning of time, the quest begins to find the perfect mate and start a family for the emperor penguins of the South Pole. They journey**

**ARTS, BOOKS AND CULTURE DISCUSSION GROUP****Monday, January 23 10:30 AM**

Similar to a current events group, but focused on entertainment and culture, this lively discussion will cover topics like: What's on the bestseller list? What's big at the box office? What have you been reading or watching? Share your thoughts, listen to others, and get your culture fix as we chat. Registration required.

**SENIOR MOMENTS...THE UNFORGETTABLE BAND****Wednesday, January 25 6:15 p.m. to 7:15 p.m.****PHOTOGRAPHY TIPS:****"GET YOUR CAMERA OUT OF AUTO"****Tuesday, January 31 6:15 p.m.**

Photographer Jodi Turchin will help you take the next step in getting comfortable with your digital camera. She'll talk about learning how to use different manual settings such as shutter speed, aperture and more. Bring your camera for

**WRITING BUDDIES**

(K-5th grade)

**Saturday, February 11****2 p.m. to 3 p.m.**

We all know how important it is to read to children, but what about writing? Strong communication skills are important throughout life. And writing is fun, too! Teens will be paired up with young budding authors to guide them through the story creation process. Each child will write and illustrate a mini story to take home. This group meets once a month, and

**BRICKS AND BOOKS****Age 7 and up****Wednesday, February 15****4:00 p.m.**

Bring your imagination and Lego building skills to the library! At each Bricks and Books meeting we will have a new building challenge. Conquer each challenge with a buddy or work on your own.

**ADULT COLORING BOOK ART****Tuesday, February 7 10:30 AM to noon**

Decompress and let your mind wander while enjoying this latest creative trend: coloring books for adults. We'll add some soothing background music and light snacks to create a little "me time" in your day. We will provide the supplies or you may bring your own. Registration required.

**THE JEWS OF CHINA: LIFE AND FRIENDSHIP BETWEEN TWO ANCIENT CULTURES****Wednesday, February 8****6 p.m.**

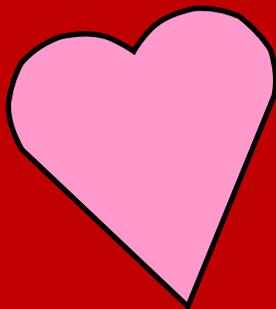
A viable Jewish presence existed in China for several centuries. This presence prevailed from the time of Marco Polo (the Silk Road) until about 1950. Speaker Sanford Wainer, a Russian Jew born in Harbin, Manchuria, China, will discuss this fascinating history as well as share his own experiences of living throughout China, including his life in Shanghai under Japanese occupation during WWII. Registration required.

**ALL BOOKED UP BOOK DISCUSSION GROUP****HILLYBILLY ELEGY BY J.D. VANCE****Saturday, February 11****10:30 a.m.**

A deeply moving memoir, with its share of humor and vividly colorful figures, Hillbilly Elegy is the story of how upward mobility really feels. J.D. Vance, a Yale Law School graduate and former marine, gives a probing look at the struggles of America's white working class through his own story of growing up in a poor Rust Belt town. Registration is not required.

# Valentine's Day

## Adult Art Class

**Tuesday, February 14****10:30 a.m. to****noon**

**Certified Teaching Artist Lori Arbel will guide students through a mixed media art-making experience — for**

**STORY SLAM****Wednesday, February 15****6:30 p.m.**

Amateur storytellers (and the people who love them) will share and enjoy short, first-person narratives related to a theme. For this meeting, the theme will be "Love." Interpret this theme however you like, then bring your original poem or story of no longer than eight minutes and volunteer to read or just come out to listen and support those sharing. Refresh-

# Parkland Tennis Center

## Facility Opening in December

The Parkland Tennis Center is almost finished and will include 12 state-of-the-art clay courts and a clubhouse.

The Tennis Center will offer classes, leagues, camps and private lessons. The City of Parkland is proud to welcome tennis pro Rob Nickels to our team. For more information on tennis instruction contact Rob directly at 954-834-6260.

## Membership Rates

Family (up to four)- \$600 resident/ \$720 non-resident

\*Founder's Membership \$450 resident/ \$540 non-resident

Adult 18 and older- \$400 resident/ \$480 non-resident

\*Founder's Membership \$300 resident/ \$360 non-resident

Junior 18 and under- \$150 resident/ \$180 non-resident

League Membership Fee: \$150.00 (league matches only)

Daily Fees: \$8.00 Adults resident / \$10.00 non-resident

\$5.00 Juniors resident / \$6.00 non-resident



# Sports Leagues

Currently, the City of Parkland does not operate youth athletics in-house. Rather we have formed amazing relationships with private non-profit organizations who offer a variety of youth athletics year round.

Currently operating within the City are:

- Baseball
- Basketball
- Football
- Lacrosse
- Soccer
- Volleyball

Anyone participating in the City of Parkland leagues who do not reside within city limits must purchase a non-resident sports card in order to participate. This card can be purchased at the P-REC for \$172.00 and is valid from July - July each year.

For hours of operation visit: [www.cityofparkland.org/sports](http://www.cityofparkland.org/sports)

**FIELD CONDITION  
HOTLINE  
954-757-4110**





Pavilions can be rented by visiting the Parkland Recreation and Enrichment Center. Rentals are only available for Parkland residents only and are booked on a first come first served basis. The City of Parkland rents pavilions for various events from either 9:00am - 1:00pm or from 2:00 - 6:00pm for various events. If your event will host more than the maximum capacity a Special Event Application will be required.

#### **LIBERTY PARK**

9200 Ranch Road

Maximum Capacity - 42 People

\$127.20

Outside vendors allowed.

Vendor insurance must be up to date and on file

#### **TERRAMAR PARK**

6575 NW 75 Drive

Maximum Capacity - 52 People

\$100.70

#### **EQUESTRIAN CENTER**

8350 Ranch Road

Maximum Capacity - 22 People

\$153.70

Outside vendors allowed.

Vendor insurance must be up to date and on file

#### **PINE TRAILS PARK**

10555 Trails End

Maximum Capacity - 30 People

\$74.20



*Equestrian Center*



*Terramar Park*



*Liberty Park*

Athletic fields can be rented for a fee of \$30/hour. Additional requirements are needed for field rentals. All rentals are based on availability. For more information contact the Parks and Recreation Department at 954-757-4105. For information on Special Event Applications visit [www.cityofparkland.org](http://www.cityofparkland.org).