

A Visit to The Parkland Recreation & Enrichment Center



Today, I am visiting a recreation facility called the Parkland Recreation & Enrichment Center (P-REC)!

At the P-REC, I will use:



Walking Feet



Listening Ears



Inside Voices

I will also:



Stay near my family



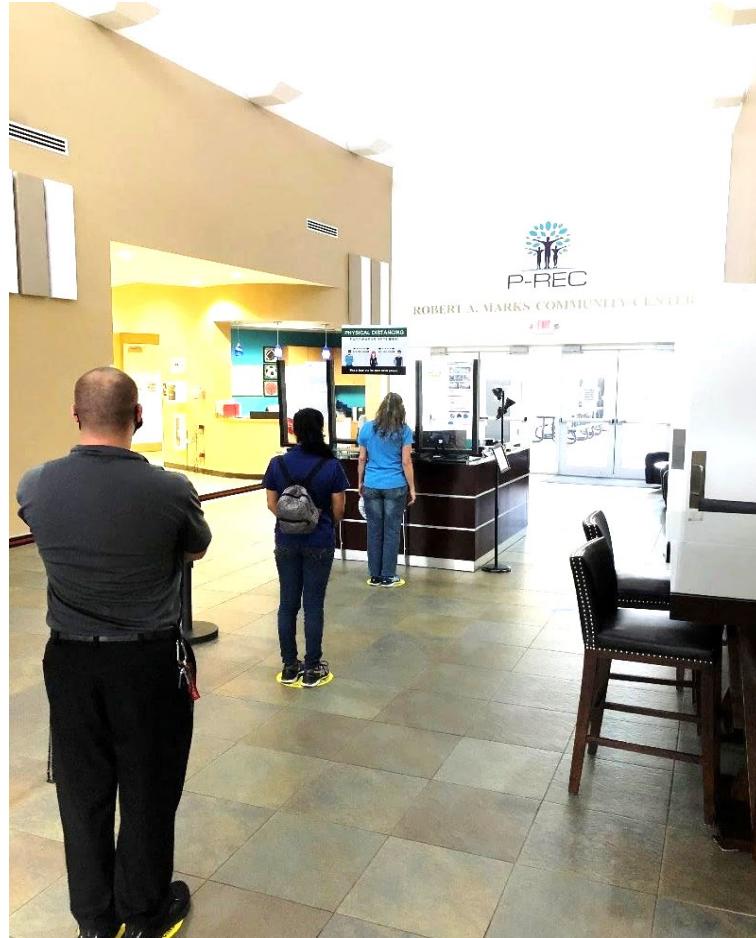
Be polite to others



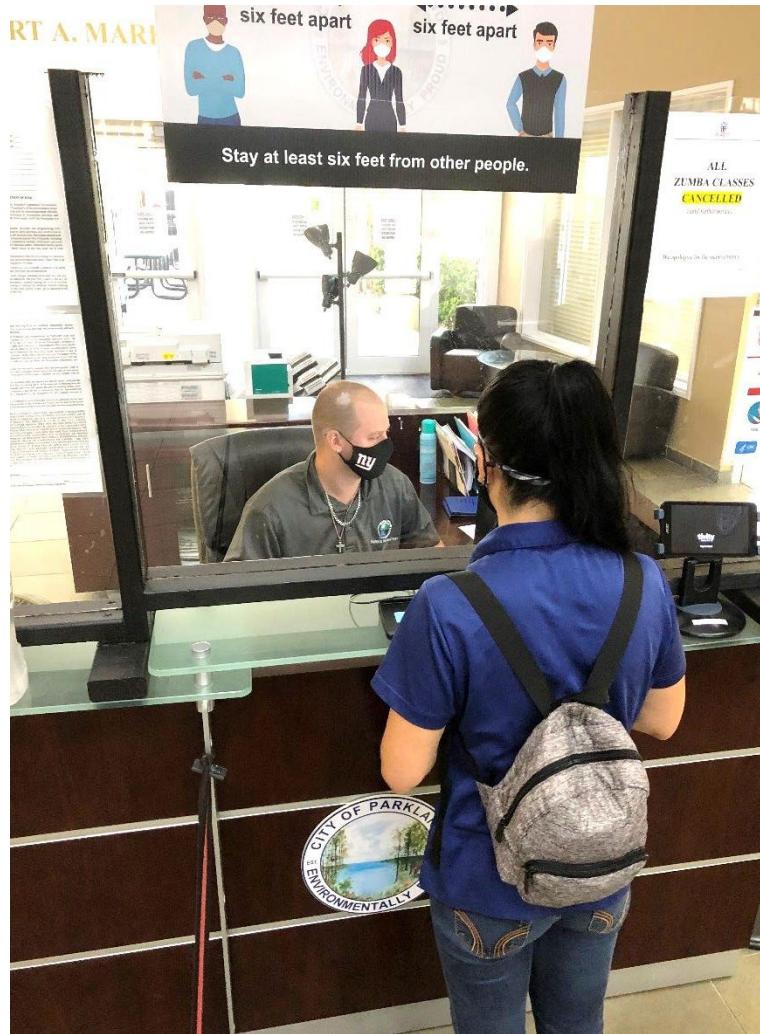
Follow directions

The entrance to the P-REC can be very loud and crowded with a lot of activities going on.

People wait in line until they are helped or until their activity starts.



The person at the front desk can offer help.
They can give directions to programs and activities.



The Activity Rooms are where many different programs or activities are held.



The Garden is a place to relax, have quiet time, and enjoy nature. The garden is a good place to visit if you're feeling overwhelmed.



The Fitness room is for sport specific speed and agility training. It can be very loud in here at times. The front desk has more information and is where you can register.



The studio is where dance classes like ballet, acro, tap, jazz, and hip-hop are held.



There is a large gymnasium where many fun activities happen like basketball, volleyball, futsal, pickleball, and many more. It can be loud in the gymnasium.



PREC
10559 Trails End
Parkland, Florida 33076
www.cityofparkland.org

